



*MOSMAN JUNIOR RUGBY CLUB*

*2015 ANNUAL REPORT*





## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### COMMITTEE 2015

PRESIDENT	Katrina Oxenham
SECRETARY	Diana Kahui
REGISTRARS	Sarah Allsopp & Sam Smith
TREASURER	James Buchanan
GEAR STEWARD	Dale Clarke
SPONSORS	John Mutton
WEBSITE & COMMS	Mike Boyd
COACHING COORDINATORS	Ken Spellacy & James Jackson
HONORARY EX-PRESIDENT	Jerry Meades
REPS COORDINATOR	David Collard
GROUNDS & REFEREES COORDINATOR	Rob McKay
EVENTS COORDINATOR	Trent Karoll
TOURS COORDINATOR	David Duffy
MINIS COORDINATOR	Anthony Hunt
U16s AGE GROUP COORDINATOR	Jennifer Bradley
U15s AGE GROUP COORDINATOR	Karen Roberts
U14s AGE GROUP COORDINATOR	John Peacocke
U13s AGE GROUP COORDINATOR	Lyn O'Neil
U12s AGE GROUP COORDINATOR	Damian Martyr
U11s AGE GROUP COORDINATOR	Luke Oxenham
U10s AGE GROUP COORDINATOR	Grant Whatley
U9s AGE GROUP COORDINATOR	Sean Wiles
U8s AGE GROUP COORDINATOR	Michael Betts
U7s AGE GROUP COORDINATOR	Nikki Warburton
U6s AGE GROUP COORDINATOR	Ed Abbott



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### CONTENTS

Presidents Report	Page 2
Registrars Report	Page 9
Treasurers Report	Page 14
Northern Suburbs Representative Junior Rugby Report	Page 15
Grounds, Referees and Clubhouse Report	Page 17
Coaching Report	Page 19
Girls Touch Rugby Report	Page 20
Minis (U6 to U9) Report	Page 21
U10 Report	Page 27
U11 Report	Page 29
U12 Report	Page 31
U13 Report	Page 34
U14 Report	Page 36
U15 Report	Page 38
U16 Report	Page 41
Viva7s Report	Page 42
Brothers Tour Report	Page 43
Samoa Tour Report	Page 44
Barracudas (CUDAS) Tour Report	Page 50
Events Report	Page 62
Sponsors	Page 70



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### PRESIDENT'S REPORT 2015

Rugby Union is alive and thriving in Mosman, with another successful year throughout our club from U6s to U16s.

It is a World Cup year. The showdown in World Cup Final is between the Wallabies and our archrivals across the ditch. Despite an All Black victory, the Wallabies have achieved beyond expectations and the Southern Hemisphere is leading the way in Rugby Union.

Congratulations NZ... Here's to the RWC 2019 in Japan.

Even though a World Cup victory wasn't achieved this time, it will deliver just what Rugby Union needs in this country - financial stability and increasing participation and enthusiasm from the grassroots into all levels beyond.

Our focus at Mosman Junior Rugby Club (MJRC) is the grassroots for players, coaches and officials and providing the most enjoyable, competitive environment for developing all the skills required to play this great game.

This year we had a team of over 20 on the MJRC Committee, who have devoted much time to this Club, and to ensuring all the members of our community are given a rugby experience like no other. We have some talented and committed people, who are listed in the following pages. Please take time to get to know who they are and know that their contributions are valued, delivering rugby to our community and leading the way for community Rugby Union right across NSW.

Visit our new and much improved website at [www.mjrc.com.au](http://www.mjrc.com.au) for all information during the season, and off- season, or to see who our great Committee are. <http://www.mosmanjrc.org.au/the-club/committee-members/>

MJRC are the largest junior rugby club in NSW, and we are often guiding other clubs by implementing initiatives for the sport and its growth. This year, we have formed a new tradition at our club - the John Eales Shield and the Brothers Tour. Brothers Rugby Union is one of the largest junior rugby clubs in Queensland, and where John Eales began his career. Our U12 age group hosted and billeted a squad from Queensland in the inaugural tour, in



what is planned to be an annual event in a State vs State competition and experience over a weekend in May. MJRC hold the shield for 2015 and it is prominently placed in our clubhouse. A wonderful rugby tradition now for our club.



Our other initiative was agreeing to launch the summer Viva7s competition - a non-contact 7s Rugby program sanctioned by the ARU and designed to introduce non-contact rugby



across all age groups in a fast and fun environment, expanding the offering so more players can compete in a form of rugby. We hope to develop this program in the best interest of our club and to providing rugby to an extended sporting community.

We have been able to utilise the newly renovated Rawson Clubhouse for many events and rugby matches. We share this facility 50/50 with our Mosman Senior Rugby Club, and it has been wonderful to have such an impressive Clubhouse for our Junior Club, to host events, functions, meetings and entertain our opposition teams with a fully licensed bar and downstairs kiosk. Our Minis have some scheduled matches at Rawson Oval now too on a Saturday morning, a great introduction to what will become their home ground and Clubhouse. MJRC has invested significantly in this Clubhouse and the grounds to ensure our rugby club thrives now and well into the future with improved facilities for all our players and members to enjoy.

Aside from the impressive results on the field throughout the season (see **Table 1** for MJRC Grand Finalists), this Club has played rugby in the true spirit of the game throughout the year. Our governing body, the Sydney Junior Rugby Union (SJRU) has advised that MJRC received no red cards, no judicial hearings and has an exemplary behaviour record for 2015. As the largest club in this competition, this is significant and all players should be proud.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

**Table 1**

Age/Grade	Home Team	Away Team	Result
U16B1	Hunters Hill/Mosman White	Lane Cove Gold	19-26 (LOSS)
U15B	Hunters Hill Black	Mosman Whales	10-48 (LOSS)
U10G Plate	Mosman Sharks	Dural Sky	<b>34 - 15 (WIN)</b>
11D Plate 2	Hornsby	Mosman Sharks	5 - 25 (LOSS)
U12E Plate	Mosman Dolphins	Seaforth White	<b>28-10 (WIN)</b>

We have enjoyed many additional benefits and experiences as part of belonging to this rugby community. Aside from our regular competition, we have rugby tours. Details of these are given in the ensuing reports. Both traditional tours - the U12 Barracuda (CUDAS) tour to Queenstown New Zealand, and the U15 Samoan tour was particularly special for 2015.

We now hold the CUDA Cup and the BARRA Cup, both won by our magnificent U12 boys for the first time in recent tour history. The tour had coverage like never before. Check it out at [www.cudastour.com](http://www.cudastour.com). This tour is designed to make Better Boys, giving them experiences, mateship and independence, developing them into Better Men.

The Samoan tour provides an entirely different perspective and experience, all still revolving around rugby for our Mosman boys at a crucial development stage in their lives. This tour is firmly planted in our MJRC calendar, with invaluable life experiences, as well as keeping young men playing sport and rugby well into their young adulthood. This year, we had some sad news about one of the players, learning he had aggressive leukaemia. The way this age group rallied around the family and the player is indicative of the spirit of this rugby community, and a credit to all who have helped.

Aside from tours, the events we have on an annual basis have this year been a wonderful success. Our Events Co-ordinator will provide details on the fabulous results, but as an overview, the following events occur annually on the MJRC calendar:

- **Jeans and Jersey night** - organised by the U8 age group as a welcome to the season and to the Club, held at Rawson Clubhouse.
- **Samoa Lunch** - fundraising casual lunch, organised by the touring U15 age group, held at Mosman RSL.
- **CUDAS Lunch** - fundraising lunch, organised by the touring U12 age group, this year held at the impressive Noble Dining Room at Allianz Stadium, part of the Sydney Cricket and Sports Ground Trust, our platinum sponsor.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

- **Annual Ball** - black tie, formal evening function, organised by the U11 age group, as an end of season affair. For 2015 this was also held at the Noble Dining Room at Allianz Stadium and was a wonderful success.

Every year, MJRC awards a 'Clubman of the Year' award for services to the Club throughout the season. This year it was awarded to Rob McKay, who looks after grounds and referees for his contributions to this and to his ongoing valued involvement. Well-deserved Rob, congratulations.

Some of our talented players are selected for more rugby, with Norths Representative selection, to compete at the next level in their age group. Congratulations to those boys and to those older boys, selected in NSW Representative teams and schoolboy teams, showing great promise for the future.

We are extremely fortunate at MJRC with the ongoing and significant support from our sponsors. We appreciate their continued involvement, and we would like to say thank you to them for their support of this great club.

- **LJ Hooker** has been one of the longest serving sponsors of junior sport that I know. We are celebrating 17 years of community support from them this year. Thank you Richard Harding and Geoff Smith.
- **Allianz Stadium** has contributed so significantly in a 3-year deal that we were able to renovate our Clubhouse, devote money to the grounds and facilities and assist the Senior Club in their contribution to the equation. We are very appreciative to Jason Hill and Sally Harper from the Sydney Cricket and Sports Ground Trust for the significant and unsurpassed contribution to junior rugby.
- Adrian Hondros from **Commonwealth Bank Private** is the major sponsor of our Annual Ball. This has been a wonderful relationship, and we are most grateful for this valued support.
- Hayden Brooks from **3Corp** has an impressive business in our community, and supports our local community in his contributions to rugby. Where you can, support his business too. Thank you Hayden.
- **Olympus Sports** - the iconic store in Neutral Bay, has been a long-term supporter of MJRC. Russell and Anne are valued members of our community and we thank them for all their efforts over many years in supporting rugby.
- Only this year, Nicole Kaplan from **Orthocare Orthodontics** has sponsored our club with a focus on the growing girls competition. This has given much needed resources to the expanding female involvement, with our girls touch program having over 100 girls this year. Thank you Nicole.
- **Holidays On Sale** and Paul Adams have long been associated with MJRC, coaching, assisting with all logistics of all tours and also in the Norths Representative program. Thank you Paul for all your contributions.

This has been a year of change and progress. Next year, we will see some changes occur, with some very committed Junior Rugby Club Committee members, moving on, although



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

still involved in Rugby. Jerry Meades, Tom Jeavons Fellows, Jim Buchanan and David Collard have all stepped down from Committee roles, and on behalf of the Club, I thank them for their years of building this club to the strong position it is today. Trent Karoll was overseeing events this year on the Committee, and has done a commendable job, devoting much time and energy to the role, but has decided to step down. Fortunately for this Rugby Club, we have so many wonderful rugby enthusiasts, that we have found others to join the Committee and see the club into its future. Thank you to the outgoing and incoming Committee Members, you are very appreciated and valued by our Rugby Community.

To the coaches, managers, referees, assistant referees, ground marshalls, age group co-ordinators, tour organisers, event organisers and everyone else who gives to this Club and the players on a weekly basis, thank you. We hope you too are rewarded with the sense of giving and the spirit of community.

As the first female Club President, it has been a great honour to be involved in leading this Club, with a fabulous Committee and Community. It has been a challenging but very rewarding experience. I am looking forward to another year of guiding this Club into the future and to the growth of Rugby Union, with more participating and receiving all the wonderful benefits associated with playing this great game. Following the Wallabies very successful Rugby World Cup campaign, we will all be Stronger as One.

Mosman Junior Rugby Club is alive and thriving. Rugby Union is too. Congratulations to the Wallabies for taking the game all the way to the final.

**Katrina Oxenham**  
**MJRC PRESIDENT 2015**





## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### REGISTRAR'S REPORT 2015

2015 Mosman Junior Rugby Club Registration day was held in February at LJ Hooker House, the office of our Platinum Sponsor, LJ Hooker Mosman. Thank you to Geoff Smith and the LJ Hooker Mosman team for facilitating the annual launch of the rugby season.

Joining the registrars on Registration Day were Katrina Oxenham, Club President and the new Minis Coordinator, Anthony Hunt. The U7s coordinator, Nikki Warburton also provided great assistance. Russell Ekas from Olympus Sports and Dale Clarke, the Club's Gear Steward, also assisted in handing out rugby gear to the players.

**2015 REGISTRATION DAY**  
10AM - 1PM SATURDAY FEBRUARY 14TH, 2015  
AT LJ HOOKER MOSMAN - 102 GLOVER ST, MOSMAN

\*-AGE GROUPS: BOYS U6-U16 | GIRLS U8-U14  
\* TRAINING AT BALMORAL OVAL & RAWSON PARK  
\* JOIN THE LARGEST JUNIOR RUGBY CLUB IN NSW

REGISTER ONLINE AT: [WWW.MJRC.COM.AU](http://WWW.MJRC.COM.AU)

PLATINUM SPONSOR **LJ Hooker** Proudly supporting Mosman Junior Rugby for 17 years.  
DIAMOND SPONSOR **Allianz Stadium**

The day was well attended by players joining the club, while most returning players registered online. Although it had been planned that a new registration system, RugbyLink, would be rolled out across the clubs, it was decided just before registrations opened that the Buddha system would be retained for another year.

For the first time the role of registrar was split into two. The Minis Registrar has responsibility for the U6 to U9s (which make up 37 % of the competition) while the Junior Registrar has responsibility for the U10s to U16s. The Juniors Registrar also looks after the Girls Competition; however, it is proposed to have a separate registrar for the Girls Competition in 2016.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

The final numbers for 2015 are shown in **Table 1**.

**Table 1**

	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	Girls	Total
2015	36	56	63	85	46	56	57	48	47	48	24	86	652
2014	43	44	76	59	80	64	47	71	62	32	63	57	698

**652** players registered in 2015 across **39 teams**.

The Minis fielded 21 teams and the Juniors had 18. There were 86 girls registered in Girls Competition. This means the Mosman Junior Rugby Club continues to be the largest junior rugby club in NSW. Despite this, there was decline of 46 players from the previous year. The declines appeared in U6, U8, U10, U11, U13, U14 and U16 groups. This reduction in numbers was offset by strong growth in the U7, U9, U12 and U15. There was a large increase in the Girls Competition. The decline appears to have occurred across all Clubs in the SJRU competition.

The 2015 Sydney Junior Rugby Union competition included 13,447 players from 70 clubs. A comparison of the top five rugby clubs is shown in **Table 2**.

**Table 2**

Club	Total Registrations	Ranking 2015	Ranking 2014
<b>Mosman</b>	652	1 <sup>st</sup>	1 <sup>st</sup>
<b>Newport</b>	548	2 <sup>nd</sup>	3 <sup>rd</sup>
<b>Lindfield</b>	491	3 <sup>nd</sup>	2 <sup>nd</sup>
<b>Wahroonga</b>	448	4 <sup>th</sup>	4 <sup>th</sup>
<b>Lane Cover Junior</b>	435	5 <sup>th</sup>	6 <sup>th</sup>



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

The breakdown of registrations for 2015 is shown in **Table 3**.

**Table 3**

Category	2015 Registrations (No.)	2015 Registrations (%)
New	273	41%
Renewals	379	58%
Transfers	9	1%
<b>Total</b>	<b>652</b>	<b>100%</b>

The registrars also arranged the awards and trophies at the end of the season. Thank you to Sydney Awards and Trophies for providing an excellent service.

The Minis trophies were presented at the Minis Gala Day at the Whalehouse, Rawson Oval on 22 August. It was a successful day with high attendance. The Most Valuable Player and Most Improved Players are only awarded to the U8s and U9s in the Minis.

The Juniors U10 to U16 awards ceremony was also held at The Whalehouse on 6 September. A big turnout from all the teams helped make the day a great success.

The award recipients are shown in **Table 4**.

**Table 4**

Age	Team	Most Improved Player	Most Valuable Player
U8	Dolphins	Oliver Graham	Nick Bennett
U8	Marlins	James Kenny	James Grimmond
U8	Seadragons	Oscar Moncrieff	Charlie Lieutenant
U8	Sharks	Jensen Condon	Brody Folkes
U8	Stingrays	Thomas O'Meagher	Archie Breakwell
U8	Whales	Harry Stoneman	Benjamin Jackson
U9	Dolphins	Ted Coakley	Everett Oxenham
U9	Marlins	Kent Churcher	Hugo Scott
U9	Morays	Liam Cornish	Dylan Aifantis
U9	Seadragons	Tom Burges	Julian Reynolds
U9	Sharks	Anderton Stock	Alexander Seagart
U9	Stingrays	Cameron Hayes	Daniel Ivanhoe
U9	Whales	Jack Keogh	Will Adlam



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

Age	Team	Most Improved Player	Most Valuable Player
U10	Whales	Cillian Smyth	Henry Ball
U10	Dolphins	Tom Hammett	Sam Codrington Will Feely
U10	Sharks	Willow Carter	Xavier Keen
U11	Whales	Archie Jackson	Will Tanner
U11	Dolphins	Oscar Evans	Flynn Henry
U11	Sharks	Hugh Crookes	Ed Horton
U11	Stingrays	Wilson McMullan	Isaac Foote
U12	Whales	Josh Johnston	Liam Dempsey
U12	Dolphins	Henry Bennett Charlie Boyd	Will Karroll
U12	Sharks	Hugo Kerr	Hayden Ryan
U13	Whales	George Rector	Conner Garratt
U13	Dolphins	R. Julian Hyde	Jaime Bannister
U14	Whales	James Walker Cassius Clinton	Pappy Sevele
U14	Dolphins	Jack Henderson	Hajo Van der Tang
U15	Whales	Dan Jackson	Matt Dutallis
U15	Dolphins	Oliver Barnard	Tevita Tadulala
U16	Whales	Blake Rixon	Ed Collard
U16	Dolphins	Quinn McGlone	Jake Baynie

All teams had an official team photo taken after their presentation. The teams were presented their medals and trophies at the front of the Whalehouse on the viewing seats and then straight afterwards they filed into the Whalehouse to have their team photos taken. The Club will retain a copy of each team photo in an online archive. A recommendation for next year is that only team photos are taken, rather than team and portrait photos, to speed up the photo taking and team organisation process. Special thanks must go to Advanced Life Photography for being the appointed photographer at both Presentation Days.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

A special presentation was made to boys who had played 100 Games with the Club as at the end of the 2015 season. All boys awarded in 2015 began their rugby careers with MJRC as U6s and are now in the U12 age group:

- Cooper Kahui- Chee
- James Solomon
- Tom Duffy
- Archer Nugan
- Will Karoll
- Lachlan Reynolds
- Oliver Sykes
- Charlie Boyd
- Ben Hondros
- Liam Dempsey
- Joshua Johnston

We look forward to maintaining a great junior rugby club in 2016.

**Sarah Allsopp**

**MJRC MINIS REGISTRAR 2015**

**Sam Smith**

**MJRC JUNIORS REGISTRAR 2015**





## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### TREASURER'S REPORT 2015

The financial year 2015 delivered a net surplus of \$65,537 to the Club (deficit \$56,185 – 2014) and at 30 September 2015, the Club is in a strong financial position.

The Club maintains accumulated surpluses as at 30 September 2015 of \$396,614, which includes a BT Investment Fund of \$131,590 and primary bank accounts with CBA.

Our ongoing Club sponsors are Allianz Stadium, LJ Hooker, Commonwealth Private, 3Corp and Olympus Sports. Their support of the Club is highly valued and much appreciated, thank you. We would also like to thank our new sponsor, Orthocare Orthodontics.

Our Annual Ball was a brilliant evening and a financial success. This event is the key fundraiser for the Club. Thank you to the social committee and U11 parents who volunteered their time to make the event a success.

Two tours were conducted this year: the annual U12's tour to Queenstown and the annual U15's tour to Samoa. Both of these tours relied exclusively on funding from tour specific fundraising events and player contributions. Much of the players' contributions was raised by players earning pocket money performing local community jobs and their own fund raising – well done boys. Financial information on the tours is disclosed as additional notes in the financial report.

During the year, the Club purchased new goal posts as part of our ongoing commitment to the facilities at Rawson, otherwise there was no other major purchases.

Financial Statements will be presented to the Club's Annual General Meeting and will be lodged with the Department of Fair Trading. They are also available to Members upon request to the Club Secretary

**Craig Stokeld**

**INTERIM TREASURER 2015**



## NORTHERN SUBURBS REPRESENTATIVE JUNIOR RUGBY REPORT 2015

Northern Suburbs of Sydney supports Junior Rugby at both Club and Representative level. The community village clubs of Mosman, Norths Pirates, Hunters Hill and Drummoyne participate in several competitions every year that offer a structured pathway for all junior rugby players. Norths Juniors facilitates this pathway as part of the SJRU, NSWJRU and ARU.

A major activity for Norths Juniors each year is the selection, development and fielding of 9 representative teams who compete in the NSW Junior Rugby Union Championships.

The success of the program comes from a proud and inclusive tradition of players enjoying their sport, parents and officials being actively involved and most importantly supporters being supportive but within the Code of Conduct the Northern Suburbs Junior Rugby Union (NSJR) closely administer.

Mosman players in the Norths rep teams for 2015 are in the following table:

U10	U11	U12	U13	U14	U15	U16
Ben Whatley	Ed Barton (V Capt)	Baxter Mutton	Billy McLeod	Aaron Johnson (V Capt)	Alex Rahme	Alex Meades
Cillian Smyth	Henry Oxenham	Ben Morton	Charley Youlden	Bill Dalton	Campbell Richardson	Edward Collard (Capt)
Henry Ball	Henry Roberts	Ben Hondros	Connor Garratt	Callum Peacocke	John Hogan	Luke Edwards
Oscar Cornwell	Hunter Folkes	Dyllan Garratt	Henri Ridal	Cassius Clinton(Capt)	James Renwicke	Simon Rahme
Tom Beverly-Smith	Jackson Stiele	Finlay Oxenham		Charlie Adams	Matt Dutailis	Charlie Brown
Will Fox-Smith	Louis McKay	Henry O'Donnell (V Capt)		Cruise Taiatini	Oliver Johnston	Finn Linstrom
	Tom Grimmond	Jordan Dickson		George Burns	Will McLennan (Capt)	Blake Rixon
	Will Edwards	Lachlan Reynolds		George Clarke		Mac Williams
	Will Hammett	Liam Dempsey		Issam Merhi		
		Oliver Duthie		James Roach		



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

U10	U11	U12	U13	U14	U15	U16
		Tom Duffy		Jasper Long		
		Will Martyr		Johnathon Tuakalau		
				Louis Robinson		
				Pappy Sevele		
				Rob Abadee		
				Sam Duckworth		
				TJ Mahoni		
				Will Barton		



**David Collard**

**REPRESENTATIVE COORDINATOR 2015**

## GROUNDS, REFEREES AND CLUBHOUSE REPORT 2015



A vital part of rugby is the match official, and as a major club, we have a responsibility to ensure a steady pipeline of officials are trained and developed to enable our players' matches to be officiated to the highest possible standard. In 2015, we held courses for:

- Refereeing Kids Rugby (RKR)
- Level 1 Assistant Referee (L1AR)
- Foundation (Coach or Referee).

Our total numbers at these courses were the highest in the greater Sydney area, so a big congratulations to all who participated. A particular shout-out to those who attended the L1AR course, which happened to coincide with a mini-cyclone

passing through the area. Special kudos to the bloke who turned up on his bicycle!

We are already underway with our planning for next season, with a view to again host the above core courses, and possibly some others. It is our intent to host these earlier in the season, so that by the time teams are finalised, all education will be complete and we will be able to put these extra skills to good use immediately.

Our challenge is to continue this ongoing education by:

- Up-skilling those who have already undertaken courses
- Introduce new people to the education system to enable them to not only assist, but understand the nuances of the game
- Increase the level of female participation. We have an increasing number of girls playing in our club, so at the very least we need to reflect that in female officials that support them.

The referee appointment system for Junior matches was managed centrally through NSWRU was, by and large, successful with minimal no-shows or scheduling issues. A large majority of the delinquencies that did occur were due to wet weather rescheduling, often at the last minute, which meant time and venue changes, which in turn meant the appointed referee was not available. This further highlights the need for our own people to be trained, as in the absence of a centrally appointed referee, each team is obliged under Competition Rules to be able to provide someone who can step in.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

Refereeing Minis changed significantly this year, with these appointments also being centralised, albeit through a different system to the Juniors. The theory was that this would deepen the refereeing pool, provide appointment transparency and greater flexibility. The aim was to ensure all U8 and U9 matches had referees trained to at least RKR level. However, the reality was different, and given the large Minis contingent within the club, not all matches were filled. Only three external referees were made to Mosman matches, despite Mosman referees undertaking many more away matches. The learning from this is that we still need to develop enough of our own RKR referees to cover our matches, irrespective of the appointment mechanism. This presents a great opportunity for our older Junior players to be trained as referees and further develop their understanding of the game, work on their fitness, engage with others in the club as well as pick up some spending money.

The Grounds landscape changed in 2013, but two years on, we still have not seen the full extent of these changes. With Rawson and Balmoral West given to rugby as priority users during winter, it was frustrating that we were still compromised by the transition from the previous system. For example, the cricket training area at Rawson remained in place until the end of the 2015 rugby season. The transition was further exacerbated by Mosman Council changing grounds contractors at the end of the 2014 season. In the fullness of time, this will generate benefit as the grounds improve in quality, but it has been slow to date. Further complicating matters, the weather played its part. The aforementioned cyclone was one example in our rain-affected season. Days (or part thereof) lost to weather were:

- Training Days – 16
- Playing Days – 14

However, there have been positive developments. Rawson has had 4,000m<sup>2</sup> of turf re-laid, a hardier, faster growing turf which should provide a better base for rugby. The smaller cricket square has been re-levelled and re-laid, so that in heavy rain, the water drains AWAY from the square, not into it. This will greatly assist ground recovery when wet. Finally, towards the end of the season, we installed new goalposts, in keeping with Rawson being the home of rugby union in Mosman.

The Whalehouse, the off-field home of rugby union in Mosman, saw its first full season post the recent renovations and all those who have spent time inside can see the benefits of that. It is a fine venue, with excellent facilities and a sensational view, not just of the rugby, but the local area. The challenge now is to better utilise the space, both within the rugby union community, and the wider Mosman community.

**Rob McKay**

## REFEREES & GROUNDS COORDINATOR 2015





## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### COACHING REPORT 2015

Coaches and Managers commenced the 2015 season with a well-attended information night at the Whalehouse, perhaps assisted by the lure of food and drinks. The night provided the opportunity to set the scene for the season ahead and reaffirm the MJRC commitment for inclusion, equal game time and development for all players. We also covered new Working with Children requirements, player welfare through new concussion management practices and an insightful overview of game management from the referee's perspective. A strong recommendation was encouraged for all coaches to complete the Foundation level 1 course to ensure the best credentials for all junior coaches.

The Club once again engaged the services of an external coaching provider in ReadyRugby to assist in running specific "Train the Trainer" sessions for our Minis coaches, with particular emphasis on U6s and U7s to help with management of young children and running structured and engaged training sessions. The U8s and U9s focused on more contact as they move from touch to tackle and a more physical game. These sessions were also well attended with positive feedback received.

A more specialised 'Train the Trainer' session specifically focused on the breakdown, scrums & lineouts and ball skills was also planned for the Junior (U10 – U16) coaches after competition round four, designed to provide coaches with more technical skills at these important set pieces. Unfortunately attendance was poor despite communication through AGCs and the Club website.

#### Recommendations for 2016 are:

- Seek to encourage new coaches to volunteer well ahead of season commencement
- Creation of a MJRC "style of rugby"
- Manual and materials available to coaches for player development
- Continue with an external resource to assist Coaches and Managers
- Look to introduce a Coaches Development Plan with predetermined dates for:
  - o Foundation Level 1 / Level 2 / Smart Rugby courses
  - o Train the trainer sessions
  - o Specialist sessions through the season.

**Ken Spellacy**

### COACHING COORDINATOR 2015

## GIRLS TOUCH RUGBY 2015

2015 has seen the Mosman Girls Touch Rugby Squad open to Girls from U9 years to U16 years old. We had 85 Girls participating in this years winter season. This was the highest ever number of participants for Girls Touch Footy.

We broke the sessions into 2 x 1 hour blocks and were able to split the Girls between Junior School and Senior School. This worked to really enhance the skills of the U9 – U12 age group and to extend and challenge the senior school students.



The greatest number of participants was in the U13 Girls age group. We were thrilled to see a number of Girls coming back to join winter touch footy again. We went back to the “old “ rules of touch footy which is beneficial as many of the Girls play these rules in their school competitions but many of the Girls felt the VIVA7s gives more fluid movement of the game and more people a chance to touch the ball. We will need to decide what rules we apply for touch footy in 2016.

We were fortunate to be able to secure some sponsorship from Orthocare Orthodontics, and employ 2 permanent coaches for the most part of the season. This was fundamental in extending all the participants and helped with keeping an eye on the progress of all the Girls. We are grateful again to the helpful Dads who gave up many Monday nights to come and help ref the touch football games.

We must acknowledge Lucy Hookway for being a sensational manager of Girls touch football in 2015. She worked effortlessly to sort out all the uniforms, pass along all the information and hosted 3 extremely successful cupcake/sausage roll nights which gave the parents a chance to see the Girls in action and to meet other Touch Football parents. Thanks Lucy for all your help.

We look forward to another great Girls Touch Season in winter 2016.

**Libby Adler & Andrew Boustred**

## GIRLS PROGRAM COORDINATORS 2015



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### MINIS (U6 to U9) 2015 REPORT

#### Introduction

This report provides an overview of the MJRC Minis (Under 6 - Under 9) 2015 season, including events, issues, and recommendations for 2016.

The Minis Age Group Coordinators (AGCs) for 2015 and the number of teams in each age group were:

- U6: Ed Abbott                      3 teams
- U7: Nikki Warburton            5 teams
- U8: Michael Betts                6 teams
- U9: Sean Wiles                    7 teams

Special thanks go to the tireless efforts of the AGCs who often go unnoticed and unthanked but without whom many activities involving the Minis would simply not occur. Thanks also go to the numerous managers and coaches for each of the 21 Minis teams this year – again – without their support and dedication 2015 would not have run as smoothly as it did. The children love seeing their parents and friends involved in community sport. As has been previously noted, many years down the track the children may not remember what they received for their birthday/Christmas in any particular year but they will just about always remember who was their coach/manager in any particular year (especially when it was Mum or Dad)!

Finally, and most importantly, thanks to the players for a fantastic Minis 2015 – see you in 2016.

#### Minis Events 2015

The Mosman Minis kicked off this year with strong registrations in February. Adopting the recommendation from the previous year, the Club provided a comprehensive welcome pack to all parents to welcome all and explain our processes. Teams were announced in mid-March with the Kit Handout/Meet the Team session held at the club's spiritual home, Rawson Oval.

Overall this was a great start to the season – the club funded a sausage sizzle put on by the Seniors, Tah Man came from the Waratahs to get the kids excited and the Club's sponsors and suppliers were in attendance to sell gear and promote their support for the Club.

There were a couple of things to consider for next year, which are noted below in the suggestions for 2016.

We again ran a Coaches and Managers Night with the support of Ken Spellacy, James Jackson and Ready Rugby at Rawson to introduce the coaches and managers to some

## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

practical tips on running the teams. The club also hosted coaching and refereeing courses for all parties to attend during the season.

The conclusion of the Minis rugby season was marked by the Minis Trophy presentation Day, held at Rawson Oval. Spectacular weather helped put on a great end of season finale with all teams playing two mini games in their own age group before being presented with their trophies and awards, then enjoying the jumping castles and the barbecue put on by the Mosman Rugby Club Seniors.



Finally, thanks to Paulina Moncrieff and the U8s for hosting the annual Jeans and Jersey Night at the Rawson Clubhouse earlier in the year. They did a fantastic job in arranging the event. Great food, Waratahs v Brumbies on the big screen and the Piano Man from Minskys all made it a great night out.

### **Playing Season**

All Minis teams' first games this year were a gala day hosted by Hunters Hill at Boronia Park playing against the other Norths village clubs. This was a great start to the season before the traditional Gordon Gala Day hosted by Lindfield at the end of the school holidays. It was encouraging to see the U6s giving it a go with little training, as well as the U8s attempting tackle for the first time. The U7s were able to build on their skills learned the previous year, and it was really terrific seeing U9 players step up to the 10-person game.

At our home games in 2015 at both Balmoral and Rawson, we continued the process adopted in 2014 of having a duty team responsible for ground setup and marshalling and this generally worked very well and should be continued.

Our Minis teams all played the regular season in the Gordon Minis Competition and generally acquitted themselves very well. The players all enjoyed their rugby and the chance to run around with their mates and were very well supported by their coaches and



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

managers. The standard of rugby played was generally admirable, reflecting on the development and coaching support programs put in place by the Club.

There were some instances of behavioural issues arising from players, officials and supporters, all of which were regrettable and not in the spirit of rugby that the Club supports strongly. Recommendations about these issues are discussed below.

Throughout the year the Minis participated in a number of activities other than the regular Gordon Minis Competition, including

- North Sydney Gala Day – Preview to Norths Senior Game – U8s
- Harbord Harlequins Gala Day – U8s and U9s
- Gordon Village Cup – U9s and
- Dufficy Cup – U9s.

The Dufficy Cup is hosted by Hunters Hill JRC at the end of the U9 season and is held on a Friday evening pursuant to U10 conditions. This gives those participants an insight into what to expect in the U10s and is a great way to build upon all of the skills the boys have learnt through the Minis. This year Hunters Hill ran two Dufficy Cup tournaments on successive Friday nights and Mosman entered three teams, made up of nominations by the coaches from the seven regular U9 teams:

- The Orcas - who played in the first Dufficy Cup and were unlucky to have the eventual winners, Drummoyne, in their pool but won all their other games. The Orcas were also the team that Mosman entered in the Harbord Gala Day where they won their pool but lost in the Semi Final.
- The Minkes - who played in the second Dufficy Cup and also came up against the eventual winners, Coogee, in their pool but were otherwise undefeated
- The Humpbacks, who also played in the second Dufficy Cup where they won their pool and then lost to Coogee in the final.

The Gordon Village Cup was a new competition this year hosted by St Ives, using the same format as the Dufficy Cup (U9s playing U10 rules). The Mosman team was a composite of the Minkes and Humpbacks and won all their pool games other than against Hills, the eventual winners.

There was a clear benefit for the U9s this year from all of this additional rugby. Of the 90 or so players in the U9s around 50 were able to be involved in the Harbord, Dufficy and GVC teams. As well as playing in their regular team this meant those players all attended extra training sessions and were exposed to playing with new team members under different coaches. In addition to playing well in these extra teams there was a noticeable lift in the quality of rugby in the regular Saturday teams attributable to this extra exposure.





## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

Congratulations to all the Minis and their parents and supporters for a fantastic season.

### **Matters Considered During the 2015 Season**

#### **1. Pre-Season Training**

Traditionally Mosman Minis only have at best one training session before the gala days at the start of the season (often washed out!). This is largely due to restrictions on ground availability because of late finishing cricket activities. Other clubs we play against (such as Chatswood and Lindfield) usually start the season more strongly than Mosman because they have established well-run pre-season training.

#### **Recommendation for 2016 Season**

- Confirm with Council availability of grounds for pre-season training sessions
- Run pre-season training sessions that are:
  - Optional to attend (but strongly encouraged)
  - Age-group-based rather than team-based to allow for optional attendance
  - Focused on skill development and enjoyment
  - Commencing once registrations close off i.e. late Feb, and running weekly.

#### **2. Coaching**

Following the trial on 2014, in 2015 the Club provided coaching support for Minis coaches in the form of the “Coaches & Managers Night” presented by the club’s coaching coordinators and Ready Rugby. We ran different sessions for the U6/U7s and the U8/U9s. A coaching manual was also provided as a guide only and starting point for the coaching team. In addition all coaches were required to be SmartRugby qualified and the Club supported them doing their Foundation courses. There was an attempt during the season to organise a mid-season session for the coaches with the coaching and refereeing coordinators but this proved difficult to coordinate.

#### **Recommendation for 2016 Season**

The recommendation is for this support to continue but for it to also be extended in the following ways:

- the coaching coordinators or external resource be invited to Minis training more regularly throughout the season
- place some emphasis on specific techniques such as going in to contact and managing the breakdown (U8s and U9s)
- continue to develop being part of the “coaching team” within the club. It has been found that coaches have learnt a lot throughout the season from discussing matters



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

with coaches in other teams within that year level. Whether it is at a mid-season catch-up session or at the end of training on a Thursday night or in their own time, it is recommended that coaches and AGCs for each age group meet to discuss what is working well or not.

### **3. Referees**

For the first time in 2015 Mosman-based qualified Minis referees operated as part of the Gordon pool of referees. Previously Mosman just ran our own referees for home games. Refs in the pool were able to nominate to officiate at U8 and U9 games throughout the competition. Generally this ran well and thanks to our Referees Coordinator for organising and supporting the referees from Mosman. Special thanks also to Hamish McKay, Jack Jones and Jimmy Greenslade for great service with the whistle. Despite their best efforts there were not always enough referees for our home games and many times parents had to referee U8 or U9 games.

#### **Recommendation for 2016 Season**

Encourage older players and parents to take up the whistle and be involved in rugby.

### **4. Gear Handout Night**

As noted above the Gear Handout Night in 2015 was generally a great event. There were some specific learnings from it to be noted for 2016:

#### **Recommendation for 2016 Season**

- The process of handing out gear should be more tightly controlled. The Club's Gear Steward should issue the team kit bags and playing gear to the respective AGCs. Team Managers must then get their team's kit bag and playing gear from the AGC and be responsible for handing the kit bag to the coach(es) and the playing gear to the players. Managers should have a sign-on sheet for players' parents to sign out their playing gear, noting the number and any requests for size changes that can be passed back to the AGC to coordinate with the Gear Steward
- Teams in each age group should be notified of specific times that their playing gear will be distributed
- The sound system needs to be operational so effective announcements can be made to a large number of very excited kids! This may be remedied by assembling closer to the clubhouse at Rawson
- There may be scope for more organised activities for the players, e.g. ball passing competition, blow up footie castle, tackle bag area or round robin of Viva7's matches.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### **5. Behaviour**

As noted above there were some incidents in 2015 where players, officials (coach/manager) and supporters behaviour did not meet the standard expected in MJRC, on and off the field. In some cases, reports were made to MJRC from other clubs of inappropriate behaviour by our participants. At a minimum the standard is set out in the NSWRU Code of Conduct. The Club expects that all participants will play, be involved and support rugby in the true spirit of the game.

#### **Recommendation for 2016 Season**

- Provide all participants with a reminder of the Code of Conduct and MJRC's expectations prior to the start of the season
- Ensure signage of the Code of Conduct is present at all Mosman home games.

**Anthony Hunt**

**MINIS COORDINATOR 2014**



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### U10s REPORT 2015

The 2015 Rugby Season kicked off for the U10s in early March with their first taste of trials and adjusting to the new rules and format of the game in the SJRU competition.

We had approximately 45 boys trial for the U10s, which resulted in 3 teams (Whales, Dolphins and the Sharks). Although the Whales put in some tremendous efforts in the A-division, it was settled that the Whales would compete in the B-division for 2015. The Dolphins competed in the D-division and the Sharks in the G-Division.

It was great to see that the boys also embraced the transferable nature of each team such that the boys in many cases were playing in an 'age group' as opposed to specifically for 1 team. There were quite a number of examples where boys played up and down teams and many games across a weekend in order to help out their mates in other teams.

#### U10 Whales

**Coach:** Tim O'Connor

**Manager:** Sasha Grebe

The Whales finished the season with a plate semi final in the B-Division. Unfortunately the boys lost the semi-final against Hunters Hill but put in a great effort to finish off the season. The Whales tried hard all season and were unlucky in parts with some mixed results. However, the foundations have been laid for a more consistent season in 2016 and beyond. The most improved player in the Whales for 2015 was awarded to Cillian Smyth and the most valuable player was awarded to Henry Ball. A big thanks to Adam Smith, Phil Waugh and other parents throughout the year for stepping in and helping out with coaching, assistant referee and other duties.

#### U10 Dolphins

**Coach:** Colin Maggs

**Managers:** Vicky Melbourne and Catriona Crookes

The Dolphins had a very successful season and ended joint second on the points table in the regular season in a very competitive grade. The Dolphins played entertaining and attractive rugby all season, but disappointingly lost the cup semi final in the D-Division against Killara West Pymble who eventually went on to win the final. Aside from the fantastic on field results, the camaraderie and spirit of the boys as a team and the support from the parents was exceptional and typified the team's rugby spirit. The most improved player in the Dolphins for 2015 was awarded to Thomas Hammett and the most valuable player was awarded to Sam Codrington in the backs and Will Feely in the forwards.

Special mention also goes to the Dolphins assistant referees and coaches, ground marshalls, helpers and supporters including Shannon Melbourne, Shaun Feely, Chris Bailey, Jules Orphin and Vaughan Strawbridge.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### **U10 Sharks**

**Coach:** Peter Carter

**Manager:** Jane Bush

Finally, the mighty Sharks finished the season on a high, winning the plate final in the G-Division. This was a fantastic effort by the Sharks and was a real testament to the commitment and teamwork of the boys. The Sharks played well all season, developed good friendships and have the hallmarks of a team that will continue into 2016 and beyond. The most improved player in the Sharks for 2015 was awarded to Willow Carter and the most valuable player was awarded to Xavier Keen. Thanks to the tireless efforts of all parents - including Murray Chatfield, Dave Zubani and Dave Williams.

The first year in the Juniors and the SJRU competition also gave some of the U10s a taste of representative rugby. 12 of our Mosman boys were selected in the Northern Suburbs representative teams that played at the NSW State Championships in June.

Congratulations go to the following:

#### **Northern Suburbs Black**

Benjamin Whatley, Will Fox-Smith, Henry Ball, Cillian Smyth, Tom Beverley-Smith and Oscar Cornwall.

#### **Northern Suburbs Red**

Conner Maggs, James O'Donnell, Andrew Chatfield, Thomas Hammett, Knox O'Connor and Roley Crookes.

We look forward to seeing you all again in early 2016 for pre-season training and trials.

### **Grant Whatley**

#### **U10s AGE GROUP COORDINATOR 2014**





## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### U11s REPORT 2015

Back for our second year of graded rugby as under 11s, and a keen group of 57 boys eager to get back on the field. With the experience gained in the U10s, we were able to grade the boys a little more quickly this year compared to last, and we did see some movement from players across the age group. This gave the boys a chance to play with other boys and benefit from the experience of different coaches.

On the field the season was not quite as successful as last year with varying levels of performance and success both within and across the teams. Once again the Sharks had an opportunity to play in a Grand Final – although unlike last year this time around it was in the plate final, which they ultimately ended up losing 25-5. Injuries and other commitments did make the season a little more challenging and I am eternally grateful to the numerous boys (and parents) who quite happily volunteered to play in 2 and sometimes 3 separate games on a weekend. There certainly was plenty of opportunity for any boy who wanted to, to get a game.

Midway through the season a number of Mosman players were selected to represent Norths in two teams that the district fielded at the U11 State Representative carnival. This year held on the artificial turf grounds at Blackman Oval, Lane Cove. Unfortunately the Norths teams did not have the happiest of weekends, but were able to see just what it does take to be successful at that level. Importantly though, the Mosman boys involved were able to learn from the experience and put some of those skills into practice back at club level.

As AGC I thoroughly enjoyed my time and was grateful for the support of the parents of the age group as well as those on the committee who have gone before me. I am looking forward to returning as AGC next year, where there will be a very strong focus on building and maintain a strong club culture across the age group. In particular the boys can look forward to the 2016 CUDAs tour, which will no doubt be one of the highlights of their time at Mosman Junior Rugby Club.

We move to 15 aside rugby next year that will mean bigger squads, which is very exciting. Bring it on!

### U11 WHALES

**Coaches:** Justin Grimmond and Luke Oxenham

**Manager:** Lisa Miller

The U11 Whales had a difficult and 'character building' season. Not a great deal of success (as measured by wins) on the field unfortunately, but a big learning experience for all the boys. Throughout the season there were plenty of patches of promising play, and in many instances, periods of games where the boys showed that they did have what it takes to match the best teams at this level.

The highlight of the season definitely was seeing the boys beat one of the ultimate grand finalists (Dural) in a wonderful display of what they can do when they all work together.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### **U11 DOLPHINS**

**Coach:** David Brandon-Cooper

**Manager:** Hylton Henry

After a promising season for the Dolphins, they narrowly missed the semi-final play offs as a consequence of a couple of heartbreaking narrow losses toward the end of the season. With some new talent and building from the experience of last year, the Dolphins displayed some fantastic rugby and played ball-in-hand rugby built on strong work at the ruck and maul. The boys that played in this team will be bigger and better next year.

### **U11 SHARKS**

**Coaches:** Ben Dunstan

**Manager:** Mary-Ann Beregi

Unfortunately the price of success from the Sharks team of 2014, was that this team unselfishly saw players move up through the various teams and in the end they were not able to replicate the success of season 2014. Toward the end of the season the boys started to gel and were lucky enough to qualify for the plate Grand Final, only to lose 25-5. Off the field the boys (and the parents and coaches) also fostered a team culture of enjoyment and fun and this translated into the ways the boys played the game.

### **U11 STINGRAYS**

**Coach:** Bill McMullen

**Manager:** Rachel Houston

The Stingrays had a relatively mixed season, which started brilliantly winning all of their first 4 matches pre the SJRU regrading process. As a consequence they were regraded into the next division where the competition became a little more challenging. Midway through the season they were still in with a shot of making the semi-finals however they were not quite able to finish with the wins they needed but remained competitive throughout. As is always the case there was a lot of focus put on having fun and enjoying the game rather than winning or losing.

### **Luke Oxenham**

#### **U11s AGE GROUP COORDINATOR 2015**



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### U12s REPORT 2015

2015 saw the under 12s back for our third year of graded rugby. Down a touch from last years 65, we started with 56 players keen and eager to represent Mosman in the Sydney Junior Rugby competition. With two years of experience now we were able to grade the boys fairly easily into 3 teams with boys of a similar ability and skill level. The teams were skinny in terms of only having 19 in each and all struggled at one point or another with numbers due to injury and other unforeseen circumstances.

The skill base, although quite broad, was relatively easy to manage and accommodate due to the large number of boys in the age group. A strong squad who played some great rugby with most playing their most jammed packed season ever with representative commitments, Brisbane Brothers tour, CUDAs tour, school rugby and normal club fixtures.

This year saw an inaugural inbound Brisbane Brothers Tour and the traditional MJRC outbound Barracudas (CUDAs) Tour to NZ. Both tours were successful from both a rugby and community perspective.

The Brisbane Brothers boys were billeted out with 20 Mosman families offering to host the visitors. In terms of rugby played we beat Brisbane in a nail biting Sunday afternoon with all 53 boys involved in a four-quarter match that we won on the bell by one point coming back from being twenty points down in front of a great crowd at Rawson. The tourists did however win the round robin played on Saturday afternoon at Balmoral. A great weekend and a great experience for the Mosman and Brisbane boys alike. Many thanks to Emma Hondros and Dave McCracken who were instrumental in making the weekend such a success. All the regular coaches helped to manage the players during the Sunday match with the CUDAS guys using the round robin as a trial.

The Barracudas (CUDAS) tour was a resounding success with our boys bringing both the BARRA and CUDA cups home, the first time in the Club's history. Dale Clarke and Ken Spellacy were fantastic tour leaders ably assisted by the CUDAs committee, the Head Coach Rob Nugan and assistant coaches Luke Oxenham, Andrew O'Donnell and Damian Martyr.

We were fortunate that all those who coached last year were keen to continue. Rob Nugan was a notable addition to the coaching ranks helping Trent out with the Dolphins. All teams had two official coaches and a number of Dads and Mums who were on hand to help out at training and with all the officiating duties required for each match by the SJRU, well organised by each team manager. The team managers were Blodwyn Parker for the Whales, Mike Boyd for the Dolphins and Jo Grooms for the Sharks all of whom went above and beyond in their efforts.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### U12 Whales

**Coaches:** Tony Duthie & Daniel Dickson

**Manager:** Blodwen Parker

Our A squad, The Whales, had a very successful and enjoyable season, reaching the semi-final of A comp, only to lose to the eventual Premiers. Most of the squad have now played together for the past 3 years and play an exciting brand of free flowing rugby, typically against sides with a significant size advantage.

12 out of the 18 boys in the squad were selected in the Norths U12 representative team, which had a very successful State Championships. We also had 3 boys selected in the NSW Primary Schools Mackillop team.

In addition, most of the boys were selected for the annual U12 CUDAs tour. Some of the boys played close to 30 matches during the season across club, reps and CUDAs, with a win rate of approximately 70%.

A big thank you to all the parents who supported and assisted the team in various roles throughout the season. Well done to all the boys on a great season and we hope to see you all back again next year.

### U12 Dolphins

**Coaches:** Trent Karoll & Rob Nugan

**Manager:** Mike Boyd

The Dolphins welcomed 6 new permanent players to the side this year as well as using another 7 players as reserves when needed. The forward pack was very strong throughout the whole season and should be congratulated on their commitment, physicality and overall development in skill level. The backs initially lacked cohesion and impact at the advantage line during the first half of the season, however they improved remarkably at the back end of the season and showed real flair and ability as their confidence in attack developed.

The boys all displayed good sportsmanship both on and off the field and a strong commitment to their teammates and to their coaches. Well done Dolphins!

The Dolphins finished the season ranked 5th out of 10 teams in the E Division and **Plate Grand Final Winners.**

### U12 Sharks

**Coaches:** John Grooms & Matt Ball

**Manager:** Jo Grooms

The Sharks, had a great season! The boys were very well coached by John Grooms and Matt Ball. They made the semi-finals easily having won most of their games throughout the season. There were a number of boys in key positions who suffered injuries, which put pressure on numbers, but the boys stuck together and continued to improve their rugby both as individuals and as a group. A number of boys were transferred up to play for the Dolphins, which did cause some disruption as the boys adjusted to the loss of some key players, but overall the team were better for the experience. Much like the Whales it was a credit for the team to make the semi-finals and were unlucky in the end not to go through to the final.



I believe most boys will return next year, hopefully a couple of extras as well. A great bunch of boys who were largely a harmonious group, interacting well regardless of which team they were graded into. Our challenge for next season will be attracting enough boys to have squads of at least 22 each. The most pleasing part of being involved with this group of boys and parents is the overwhelming positivity that was shown in all aspects of their play, support and behaviour not only towards each other but also how they conduct themselves in relation to referees and their opposition. It has been an absolute pleasure!

**Damian Martyr**

**U12 AGE GROUP COORDINATOR 2015**





## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### U13s REPORT 2015

#### U13 Whales

**Coaches:** Stephen Lidbury & Warren Garratt

**Manager:** Chris Cannon

The Whales were a squad of 23 players for the 2015 season made up returning players and 5 new additions. At the beginning of the season numbers were looking tight but through the recruitment of four Shore and one Riverview Boarder we had enough for a squad.

The team was made up of boys from seven different schools and new mates were made. We commenced the season in the B grade competition and started well with a win over Newport and a draw with Dural. After round four and regrading we stayed in B along with three more teams who moved down from the A Comp. This resulted in a very strong competition with really hard competitive games of rugby every week. A lot of the boys also discovered the difficulty of backing up on a Sunday after school rugby on Saturday.

The boys developed really well through the course of the season and although beaten in most games, took many down to the wire and were within a couple of points of beating the top teams on occasion. Towards the back end of the season the boys showed great character and commitment to each other. They remained positive and it was clear that although at the wrong end of the competition ladder, they all improved individually and as a team.

#### U13 Dolphins

**Coaches:** David Richardson & George Hayes

**Manager:** James Garrett

Returning for another season of ruggers having taken out the U12 Grand Final, it was a big ask for the U13 Dolphins to repeat that feat with half the U12s squad not returning for U13s. Nonetheless the fellas gave it a crack!

Complimented this season by a number of new faces, as well as a few returning old faces, we started the season well and were rewarded for our early success by being promoted to the D Comp. Valiantly though, as we then played, whilst boys gave it their all and battled hard to the end in every game, the opposition always seemed to have that one big unit forward or that lightning bolt back that turned our games and as a result we ended the season closer to the bottom than the top. Shame.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

The banter, the camaraderie, the boys enthusiasm and the spirit that, simply stated is “Rugby”, prevailed; from supportive parents on the sidelines to the manager and coaches alike it goes without saying that we all had a ball ... roll on U14s!

**David Richardson & Chris Canon**

### U13 AGE GROUP 2015



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### U14s REPORT 2015

The U14s is a difficult age group as a lot of the boys have school commitments during the week so it makes training nearly impossible; school rugby is intense, and size / weight differentials are large. Pleasingly, we fielded two teams with some new players and a lot of interchange between the teams. This has been a great group of boys that we're trying to keep together for the Samoa Tour next season.

#### U14 Whales

**Coach:** Paul Adams

**Manager:** Dean Duckworth

A tough club season in a very strong A-level comp but the Whales showed themselves to be a champion team. Knowing that getting boys to regular training mid-week because of school, boarders and, in some cases, distance, we looked to play the club season in a more social spirit.

Most of the team also represented Norths at the State Champs, which would provide the more intense focus for the season. The State Champs in Orange were very successful for the boys with some great wins including a final win over Victoria for 7th in the State. That being said, essentially all the A level club teams were rep level teams and some even heavily made up of Sydney Rep players. So the A comp was not social in any way, with most boys backing up from schools and a long list of injuries, it was a tough season for the team.

However, a highlight was their final game, with a strong win over Burraneer that through a merger mid-season was effectively the Southern Districts team, who had finished runners up at State Champs. This was a great display by the boys of gritty rugby played hard and earned them a fantastic result. Proving again that a champion team is not always based on where you finish on the ladder.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### **U14 Dolphins**

**Joint Coach & Manager:** Sam Turnbull and Rufus Harding

A successful season played in the right spirit. Despite age group challenges and lack of training, the boys came together on game day, week in / week out, as a social team and enjoyed their rugby. The Dolphins made the top four of a large 11 team competition, with many of the opposition teams having A-grade and Rep players playing in the D-grade comp. This was quite an achievement for our boys and we hope and encourage that they all return next year for more rugby the way it is supposed to be played.

**John Peacocke**

### **U14 AGE GROUP COORDINATOR 2015**

## U15s REPORT

I was privileged and proud to be a part of this amazing Age Group in the year that has been 2015 thus far!

A large number of the boys from the U15 forged together and bonded as one to overcome expected nerves and apprehension of the much talked about size and ferocious nature in which the Samoan boys are reputed to play their style of rugby. The team went from strength to strength not only on the field but off as well. It was a proud moment for the boys and parents alike when we all stood in unison with linked arms and bellowed out our National Anthem with pride. For me it signified a show of respect for their culture and a new found respect, reflection and love for the Aussie spirit and all that we embrace.

The Samoan trip tipped us into a season well prepared in mind and body. Both teams fought gallantly from week to week, with time to banter and enjoy each other's individual talents on the field. There was much movement between the teams when numbers were low, which kept all the boys regularly in connect and the chance to understand everyone's individual strengths and humour!!

We were blessed with two Team Managers that are two wonderful, talented ladies who gave up a considerable amount of their private time to ensure both teams ran smoothly so that each and every boy could gain paramount enjoyment from what will be, for a lot of families, their final year associated with Mosman Rugby Club.





## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### U15 Whales

**Coaches:** Harry Licence and Jakob Sedgman

**Manager:** Cara McLennan

### U15 Dolphins

**Coach:** Simon Johnston and Angus Morgan

**Manager:** Margie Reynolds



### **A Special Mention to the Clarke Family**



A special mention to a very brave young man on the cusp of becoming a wonderful, mature, resilient man that will make the world a much better place for his presence. Louis' family taught us all how to embrace, love and pull together when times are tough! Phil a stand out Grounds Marshall that saw no task too large or too great! The lovely Florence and Meagan brought to the team a grace, style and strength that is very much admired and applauded by us all. We wish Louis and his family all the very best for their exciting future back in the UK. The U15 rugby teams were greatly enriched by their involvement in the Club this year.

**Karen Roberts**

**U15 AGE GROUP COORDINATOR 2015**

## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### U16s REPORT 2015

**Coach:** Daniel Campbell

**Manager:**

The U16/U17 hybrid team from Mosman and Hunters Hill - affectionately known as "The Huntsman" had a great season in 2015 being undefeated all season, only to lose the Grand Final to Lane Cove 26-19.

The silver lining following the grand-final was the team being awarded the Moyston Trophy for the best Team in Hunters Hill Club. This includes Seniors/Subs teams, and this year our team just beat the Hunters Hill 1st Grade Suburban Team for the Cup.

Well done boys! Mosman Junior Rugby Club is very proud of your efforts.





## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### MOSMAN VIVA7s REPORT

The Mosman VIVA7s is a 9-week touch rugby competition, running from 12th October to 11th December 2015. Mosman will be one of the first clubs in NSW, and one of a few in Australia to launch the VIVA7s program, and this has been done in a 50:50 arrangement with the Mosman Senior Rugby Club, ensuring both Mosman rugby communities benefit and are involved in this new version of touch rugby.

A Mosman VIVA7s Governance Agreement now exists between Mosman Junior and Senior Rugby Clubs concerning all operational and financial aspects of running the competition. In 2015, external administrators have been appointed to run the program outside of the normal winter rugby season. External paid administration is a trial for 2015 only and will be reviewed post the end of the VIVA7s season.

In 2015, the registration fee per player will be \$110, and the breakdown of this fee is shown below:

- \$110 Registration Fee per player
  - \$32.07 ARU
  - \$9.90 NSWRU
  - \$20 External Administrators
  - \$10 Referees
  - \$4 Grounds
  - \$17.01 MRC
  - \$17.02 MJRC

The competition has a total of 38 time slots to fill and a potential 76 teams to fill these slots.

**Michael Flude**

**VIVA7s ADMINISTRATOR**



## BROTHERS TOUR REPORT 2015



2015 was the year of the inaugural inbound tour by the U12 Queensland Brothers Juniors Rugby Club, happening over the weekend of May 15, 16 and 17. The Brothers club is one of the largest in Queensland with over 1,000 players.

The tour involved the entire U12 age group playing for the John Eales Trophy. John is an old Brothers Rugby Union player, and Mosman resident. The weekend kicked off with a visit and address by John Eales on the Friday night, followed by matches over the weekend at both Balmoral Oval and Rawson Oval.

Our diamond sponsor, Allianz Stadium, also generously accommodated the group at the Waratahs vs Sharks match at Allianz Stadium on the Saturday night.

The rugby played over the weekend was of an exceptionally high standard with four of the six games played on Saturday ending in a draw, and the final cumulative score in the games played on Sunday finishing 57-56 in Mosman's favour.

Thanks must go to the organisers from both Clubs, the parents, sponsors, billeting families and especially to all the boys for showing amazing sportsmanship and friendship at all times. In particular, thanks must also go to David McCracken, Damian Martyr, Laine Martyr and Emma Hondros.





## SAMOA TOUR REPORT 2015

We were a tour party of 58. This comprised of 25 players, 31 Whale Watchers and our valued medical team of physio Alex and nurse Jenny. Travelling with us was (at my estimate) some 250kg of boots, rugby jerseys, tee shirts, balls, mouth guards, books, pencils and toys we would leave in Samoa as donations to the local Samoan communities we were to meet along the way.

It's a tough flight to Samoa – arriving at 5:30am after a 5 hour flight. However 'Samoa time' kicks in quickly, and the entire tour party I think adjusted to fit in to the pace of Samoa not long after leaving the airport. Breakfast at luxurious Aggie Grays may have helped.

We were treated to two Kava ceremonies on our first day, full of ritual, speeches and protocol, before we settled into Fao Fao – paradise in a bamboo hut. People who had toured previously described Fao Fao to me and were not able to do it justice – not because of any lack in their powers of description but because it really is indescribable. Once you've been there you'll understand. It is paradise – despite the bamboo huts. Who needs walls and your own bathroom, anyway?





## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

Each match day comprised of a 15-a-side match sandwiched between two 7-a-side matches. This, we thought, would provide us the best opportunity to run our squad of 25 players and allow all boys adequate game time. We did underestimate the injury toll and the energy sapping humidity, and so several boys played a lot of rugby!

Match Day One pitched our boys against Lepa Lotofaga College in 7s and Aleipata Collage in 15s. In our two 7s games, we won 20-15 and 29-5. The 15s was tough – our opposition had not had the benefit of much coaching and so tended to tackle ‘...like Kamikazes’ as I said later (code for hitting high, often). This was our first game as a squad and sadly we succumbed to Aleipata 5-25. It is important to note that our opposition wasn’t in any way working to a premeditated plan – they’d never received formal coaching and so knew no other way.

Gladly, the development of a team song back at Fao Fao – quickly overtaken by some enthusiastic parents’ karaoke – dispelled any disappointment, and bonded us all for the days ahead.

We were able to relax and spent some time at To Sua. This is a large lava chimney now filled with seawater. It has special religious significance to the local population, and spending time drifting back and forward within the chimney as the tide ebbs and flows does create a sense of, well, awe.

While in Fao Fao we all sauntered in and out of the surf, enjoyed spectacular sunsets, snorkeled around the coral in the lagoon and generally felt a million miles away from civilisation. The local kids came to play and our boys were really special in how they played and swam with these kids – especially the very young ones.

We were lucky enough to be invited to a church service on Sunday. Samoans sing like opera singers – every single last one of them. So church with 50 Samoans is like St Paul’s Cathedral with a 500 person choir. In fact every college we played against sang and danced to/for us after our matches. Samoans may not be the most asset rich people, but in terms of the love of life, of spiritualism and of friendship, and of the spirit of generosity, they are the richest people on earth. And did I tell you they can sing??

We left Fao Fao and moved into two hotels in Apia – rooms with walls and even bathrooms we didn’t need to share with others that had hot water! We traded the rolling surf for a resort swimming pool – tough, I know, but we all made the effort and pushed through.

Match Day Two pitched us against Falealili College in 7s and Palalaua College in 15s. The abilities of our opponents were of a higher standard but our boys played very well – especially in the 15s. I believe Mosman had not beaten Palalaua in the past. We lost both 7s on day two 12-26 and 17-24 (a game we were in control of with a minute to go), but were



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

dominant in 15s winning 39-12. These games and the subsequent celebrations were broadcast on Samoan national television news that night

(see this link - <https://youtu.be/HjX-H3OHqzw>).

We were able to iron out some of the tour aches pains (the boys, too) at Sinalei Reef Resort and Spa (the burdens of foreign travel!) that afternoon before heading back to Apia for (oh no, not) more karaoke at a local restaurant. Who knows Delilah? Magic!

Apia is a sleepy town but the markets are great. I think they had a big week with us in town. The boys enjoyed rock star status after their news feature and everyone was able to walk, shop or just unwind by the pool as the mood took them.

Building strong bonds with the local communities became our mantra and we included the local constabulary in friendship building activity, after celebrating a special birthday in a local bar. We believe the bar owner made more that night than in an average month – everyone was a winner.

Match Day Three was the money ball day – the play off for the Alan Grey Trophy. We played 7s against Leulumoega College (our hosts for the day) before matching our 15s against Samoa's strongest rugby school, St Josephs, in the trophy match. The similarities to Sydney's Joeys were more than just in name. On the day our team's enthusiasm, along with the clinical coaching the boys enjoyed on tour, led to wins in the 7s by 15-10 and 26-5. In the all important Alan Grey trophy match Mosman enjoyed a 17-5 win. These matches were by far the toughest on tour but our boys played a team game like real Australian representatives. Off the field we impressed as well - our boys and coaches responded to Samoan singing with a resounding rendition of Advance Australia Fair.

The awards night was special. This was because the tour was special. Boys and parents, players, coaches and managers, Mums and Dads, sisters, physios, nurses, the Wolf Pack and the 58 travelling tour party – we all blended in to be one very happy group of close friends. The boys behaved impeccably and did their Club, their schools and their suburb proud. The parents mostly did - but alas those stories must stay in Samoa.

“Memories were made that will last a lifetime...”. That quote came from one of our 14 year old boys. Every one of them understood the significance of the massive cultural experience they'd been lucky enough to experience and the paradise they'd enjoyed. All 58 of us were blessed to be lucky enough to enjoy this tour – but it was the boys that took the most benefit and built the strongest memories.





Players	Coaches	Whale Watchers
<b>Tim Adler</b>	Dave Harrison	Larry Adler
<b>Harry Bowditch</b>	Duncan McLennan	Libby Adler
<b>Josh Bremner</b>	Lachlan Corbett	Emily Adler
<b>Jack Chenoweth</b>	David Rahme	Tess Adler
<b>Tom Chenoweth</b>	Manager	Jarrold Bowditch
<b>Louis Clarke</b>	Miles Stanton	Lisa Bremner
<b>Justin Corbett</b>	Physio/Chiro	Brett Chenoweth
<b>Pieter Bass Dalebout</b>	Alex Fielding	Bec Chenoweth
<b>Matt Dutailis</b>	Tour Medical Specialists	Phil Clarke
<b>Jack Forbes</b>	Isobel Forbes	Arjan Dalebout
<b>Max Harrison</b>	Jenny Houston	Cornelie Dalebout



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

<b>Players</b>	<b>Coaches</b>	<b>Whale Watchers</b>
<b>Zac Harvey</b>		Paul Forbes
<b>Luke Jackson</b>		Justine Forbes
<b>Oli Johnston</b>		Jacqui Harvey
<b>Joe Livingstone</b>		Lily Harvey
<b>Steve Mathieson-Bong</b>		Tim Jackson
<b>Will McLennan (C)</b>		Pip Livingstone
<b>Liam Menzies</b>		Grainne Gaffney
<b>Alex Rahme</b>		Alan Meyers
<b>James Renwick</b>		Martin Renwick
<b>Joe Reynolds</b>		Margie Reynolds
<b>Tom Roberts</b>		Karen Roberts
<b>Rory Stanton</b>		Nick Waterworth
<b>Tadulala (Big Dave) Tevita</b>		
<b>Tommy Waterworth</b>		



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### Matches

<b>Sevens Format</b>	<b>Fifteens Format</b>
v Lepa Lotofaga College A 20-15	v Aleipata College 5-25
v Lepa Lotofaga College B 29-5	v Palalaua College 39-21
v Falealili College A 12-26	v St Joseph College 17-5
v Falealili College B 17-24	
v Leulumoega College A 15-10	
v Leulumoega College B 26-5	
Points for – 180	Points against – 136
Tries scored - 32	

### Mile Stanton

### SAMOA TOUR MANAGER





## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### **BARRACUDAS (CUDAS) TOUR REPORT 2015**

When you think of taking 30 boys on a rugby tour all under 12, sleeping in bunkhouses over a 1 week period you tend to reconsider your own perceptions with regard to sanity. You have flashbacks to when you were this age and have visions of water-drenched bedding, short sheeting, trashed rooms, toothpaste facials and the endless list goes on. Reality hits you and, as tour leaders, you look at each other and say “what the (expletive) have we got ourselves into”. For the next 9 months this line constantly reverberates in your head and you recount the same lines after each CUDAS meeting.

Over the lead up period you get to know the boys and the parents pretty well. Along the way you make mental notes on those who will give you grief, be disruptive and lead others astray while on tour. This could be due to their behavioural traits, being away from home etc. As tour leaders you consult with each other on how best to manage these individuals. To deal with these issues on our tour we made one Treasurer and the other Clerk of the Court - we chose well!

The tour is however all about the boys and as such, you ensure that along the way you maximise all outcomes, ensuring each boy obtains the most unforgettable experience possible. These experiences all fostered within the team environment with one goal - “Better Boys Make Better Men”.

The week before departure you constantly check the weather. A cancelled game day will result in 30 restless boys needing to be entertained...things were not looking great one week out! As such, and as all good catholic tour leaders do, you pray for good weather. Flying out we had not heard from the man above on the weather front, so we were rather anxious.

When you finally arrive and take control of 30 overexcited boys and place them on a bus to the accommodation, it hits you like a sledgehammer. You once again recite the CUDAS Leader moto, “what the (expletive) have we got ourselves into”.

As Tour Leaders you prepare yourself for the worst and lay down the law from the very moment the boy’s feet hit terra firma at the accommodation. After implementing the yellow card, red card system, we placed our complete trust in the boys to manage each other’s behaviour, to foster individual respect for each other, and show complete respect for the Mosman Junior Rugby Club that they were representing. We had a policy, “We’re here to have fun, but don’t be a fool in the process”.

The leaders prayers were also answered with outstanding weather delivered over the tour period. Some may scoff, but they can’t refute the marvel bestowed upon us all known as the 2015 CUDAS week!

## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

The daily account while on tour was superbly penned via the daily blog put together by Mike "The Labrador" Boyd and posted on the CUDAS website. As all good leaders do, we have chosen to plagiarise this work for our daily recount.

### **The Tour Captain & Jersey Handout.**

Our selection process for the captain starts way back at the beginning of the CUDAS Tour and runs right up to the Gear Handout night. Over the past 7 months the efforts of every CUDA - their fundraising, their community spirit and service, their effort at training and the respect they have shown for each other - is carefully watched by the Tour Coaches, Leaders and a number of parents. We were also strongly of the view that each player should have a voice. As such, we chose to challenge each CUDA by requesting they prepare a short speech (30 seconds) about "What being a CUDA means to me..." The boys were exceptional with all 30 standing in front of the parent body and delivering well-prepared presentations. The process allowed the boys to see firsthand how their teammates could stand and present. We then requested that each boy nominate 3 teammates who they thought could represent them as Tour Captain. The following week before flying out Charlie Boyd (CUDA 1) was presented as the 2105 CUDA Tour Captain.

### **Day 1 - Sydney to Queenstown - June 27, 2015**

We arrived in Queenstown mid-afternoon. The temperature was much warmer than we were expecting - though still something like 3C. Thankfully the airport is small so getting through the airport and onto the bus was pretty quick. The drive to Pinewood too about 20 minutes - we had finally arrived!



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

A quick Tour Meeting followed and we got our cabins for the week. There was little time to unpack, before we headed off for a light training run on one of the many rugby fields in Queenstown - every patch of grass has rugby posts on it! The grass was icy and for some of us, the realisation that we're not in Mosman any more sunk in...

Dinner was back at Pinewood with all the parents and fellow CUDAS. Our hosts entertained us before dinner with a traditional Maori welcome with a haka and some local music.

### Day 2 - Bungy and Paintball - June 28, 2015

An early start in the bus for the boys as we headed out to the AJ Hackett Bungy Jumping Centre about 25 mins out of Queenstown. This was our first proper look at this stunning country from the ground. There was little chat on the bus as the boys were recovering from their first nights sleep and for some of the boys, clearly plucking up some courage to jump!

Luckily for the boys there was also an awesome zip-line that runs alongside the Kawarau River under the Bungy platform.

Seven boys made the jump: Liam, Will S, Finlay, Dylan, Austin, Cooper, and Charlie. A few Whale Watchers had a go too: Craig, Warren, Ken, Mike, Alex and Tom.



A quick lunch break followed back in Queenstown at Speights Bar and Grill, then it was time for the Tour to split. The boys and quite a few Whale Watchers headed off to Cromwell to play paintball, and another clearly more sophisticated group of Whale Watchers went off for lunch at Amisfield Winery.

The afternoon's activities were very successful for both groups. The paintball was an unexpected chance for the boys and parents to show their "courage under fire". Most excelled.....some (parents) did not.

The sun had well and truly set by the time we arrived back at Pinewood. Dinner tonight was at Winnies in central Queenstown and an early night for the boys ahead of their first games in Wanaka tomorrow.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### Day 3 - Rugby at Wanaka - June 29, 2015

Day 3 dawned - cold and wet in Queenstown.

We hopped on the bus after a good night's sleep. There was plenty of chatter about bruises and how much fun we'd had the day before - but we needed to focus - this was going to be a tough "day at the office".

A 90min bus ride later we arrived in a sunny Wanaka. We had about an hour to warm-up before we took on the first of two teams from the Upper Clutha Rugby Club.

In the spirit of the game our teams were a blend of playing grades and abilities. This allowed our 30 boys to bond with each other on and off the playing field. In the lead up to the tour we provided our NZ counterparts with all the boys ages, weights and playing abilities to ensure an even contest.

### GAME 1 - Upper Clutha



The game started with a fantastic haka by the boys and girls from Upper Clutha. We stood united - accepting the challenge.

A very hard encounter followed with a number of injuries - two of which put boys on the sideline for tomorrow's games. However, we dusted ourselves off and worked hard for both halves. We had underestimated the toughness of these NZ boys (and some ages!).

**FINAL SCORE GAME 1: Upper Clutha 37 defeated Cudas 0**

## GAME 2 - Upper Clutha/Roxburgh

The second game was a much fairer battle with Mosman taking an early lead. The arm-wrestle swung back to Upper Clutha as the game progressed. The CUDAS started to make more ground in the second half and added some more points to even the game up as the second half ticked by. As the sun started to get low in the sky over Lake Wanaka, Oli Sykes (CUDA28) crossed in the corner in the dying minutes, but it wasn't enough and our hosts took out Game Two.



Josh Johnston (CUDA11)



Austin Clarke (CUDA3)

There were some standout performances in both games with Josh Johnston (CUDA11) and Austin Clarke (CUDA3) receiving the day's trophies for Most Valuable Match Player on the day. Other performances of note, Lachie Smith (CUDA24) and Matt Theunissen (CUDA29).

## FINAL SCORE GAME 2: Upper Clutha/Roxburgh 32 defeated Cudas 22

### Day 4 - Rugby at Cromwell - June 30, 2015

Another beautiful day welcomed the CUDAS as we prepared to back up from yesterday's tough games against Upper Clutha. Today we were taking on a couple of Representative teams from the Central Otago region - plenty of rugby blood running through the veins in this part of New Zealand.

After the coaches were put on notice from management (Dale & Ken) on the trip home yesterday, Rob, Luke and Damian worked long into the evening to get two teams ready for a different type of competition today - based on weight. One team under 38kg and another team under 48kg. Fortunately the CUDAS are diverse as they are committed.



### GAME 3 – Central Otago Reps (U38kg)

The wind died and we kicked-off in almost balmy conditions. Immediately we felt this was a far fairer game than yesterday even though the "Central" guys stole an early lead. We refocussed and within minutes Will Harding (CUDA9) had crossed in the corner for a great try. Minutes later Ben Hondros (CUDA10) crossed and we were right in this game!



Half time came and went and after a few changes we got down to business in the second half. Within minutes the big men - Ethan Strawbridge (CUDA27) and Archer Nugan (CUDA20) helped us get down field - and with a little help from Josh Johnston (CUDA11) - James Solomon (CUDA25) crossed in the corner. Not resting on our laurels we worked hard and with a huge amount of help from Cooper Kahui-Chee (CUDA12), Liam Dempsey (CUDA4) crossed beside the posts with a desperate reach over the line. Keen to prove that we listen to the Coaches, we applied pressure to the Central team - making them flinch, which ultimately was the key to the CUDAS earning their first win of the Tour.



Following the game our Tour Captain, Charlie Boyd (CUDA1) led the team in a great rendition of the team song. There were a number of boys who performed above and beyond today - but there was a clear standout, and that was Will Spellacy (CUDA26).

### FINAL SCORE GAME 2: Cudas 22 defeated Central Otago (U38kg) 15

## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### **GAME 4 - Central Otago Reps (U48kg)**

This was a different contest. The boys were quite a bit bigger on the Central side, but we didn't let that worry us. We were buoyed by the win against the first team and were very confident we knew what we needed to do to bag a double today.

We were led from the front by Liam Dempsey (CUDA4) and Will Martyr (CUDA15) and before we knew it Ben Hondros (CUDA10) has crossed again with a great try set up by Josh Johnston (CUDA11). The clock ticked on and the arm wrestle was on in earnest. Central returned serve with a



couple of quick tries and we were concerned we had left a bit on the table before the half-time break. Then Liam (CUDA4) produced another of his signature runs downfield and dove over the line to bring the scoreboard more into alignment. Ben Morton made the touch-judges raise their flags behind the posts and we had some nice breathing room as half time neared.

Another round of changes at half time and we were back into the game to finish what we started. Central scored quickly in the second half, which put us on the back foot. Our legs were weary as we valiantly defended our line with some incredible work by Jack Stokeld (CUDA16) and Lachie Reynolds (CUDA23). Following one of Lachie's great runs we put Josh (CUDA11) over the line and stole the lead from Central.

Central had other ideas and with two quick tries late in the second half, they took the win - however the loss taught us a lot about what we need to do to win the CUDA Cup on Thursday.

There were some standout performances in both games with Liam Dempsey (CUDA4) and Will Spellacy (CUDA26) receiving the day's trophies for Most Valuable Match Player on the day.

**FINAL SCORE GAME 2: Central Otago (U48kg) 33 defeated Cudas 17**



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### **Day 5 – Rest Day, Shotover High Five - July 01, 2015**

Wednesday was a well-deserved rest day before tomorrow's BARRA & CUDA Cups. The morning started with the Shotover High Five followed by lunch at Skyline. After Lunch the boys enjoyed some competitive racing on the Luge.

The afternoon was the last training session of the tour for the boys at Wakatipu ground in Queenstown. Once again experiencing the wet and the cold afternoon pitch that they had become accustomed to.

Dinner this night was at the Pig & Whistle followed by an early night to prepare for tomorrow's trophy games.

### **Day 6 - The CUDA Cup - July 02, 2015**

The sun rose over The Remarkables and another beautiful day on the Tour began. Today was a big day. The day we had worked towards since September last year. Today was CUDA Cup Day.

We had the morning to ourselves and at 11am we walked as a squad to the Queenstown Recreation Ground, just 500m down the road from Pinewood. This was the very same ground on which the Classic All Blacks played the French Classics at a 2011 Rugby World Cup festival feature match.

### **GAME 5 – Alexandria “The BARRA Cup”**

Will Martyr (CUDA15) led from the front gaining valuable metres in the first minutes of the game. Ronan Carroll (CUDA2) returned to the match from an injury sustained in the first game against Upper Clutha on Monday, and was in fine form working with five-eight Charlie Boyd (CUDA1) to move the ball wide, though cold hands and a damp ball did result in a few wayward passes on a couple of occasions.

The first half continued strongly with a number of great defensive moves by Henry O'Donnell (CUDA21) and Finlay Oxenham (CUDA22) to keep Alexandria at bay. The first points for Mosman came from a barnstorming run by Austin Clarke (CUDA3) who managed to free the ball from his grasp, allowing Ethan Strawbridge (CUDA27) to make the final push over the line. Mosman was up 7-0 thanks to a successful conversion kick from Ben Morton (CUDA18). Alexandria struck back with a try in the 18th minute to narrow the gap.





Will Martyr (CUDA15)

Jack Stokeld (CUDA16)

A lovely grubber from Will Harding (CUDA9) was unable to be caught cleanly by Jack Stokeld (CUDA16), but did result in a spectacular dive for glory!

The first half came to a close after Liam Dempsey (CUDA4) crossed twice after great runs by Will Harding (CUDA9) and Ben Morton. Mosman went to the break with a 17-5 lead.

The second half started where the first had concluded with some great attacking defence from the back-line - a strategy that Coach O'Donnell had worked on with the backs for much of the week. Second half replacement back Lachie Reynolds (CUDA23) crossed early in the half and Charlie slotted the conversion to extend the lead for Mosman. Again, Alexandria struck back shortly after we had scored, capitalising on a tired back-line after long runs downfield.

The pick of the manoeuvres in the half was the terrific run by Tom Duffy (CUDA6) and Hugo Kerr (CUDA14) that resulted in Henry crossing for a great try in the corner. Seven minutes later Henry crossed again after a run by Josh Johnston (CUDA11) moved the ball across the field and back again. The score by now was 34-10 with about 11 minutes of the game to go. Then one of the hardest working backs on the Tour, Will Spellacy (CUDA26) copped a very high tackle, and as we have come to expect Coach Martyr dashed onto the field with words of encouragement and support. Unfortunately for Will, it was a nasty knock and his game was done.



A flurry of points were piled on in the dying minutes with Mosman crossing twice - Lachie Reynolds crossing under the posts making Charlie's conversion a doddle and one of our big



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

props Matt Theunissen (CUDA29) crossing for his first try of the tour. Mosman leading Alexandria 46-10 as the clouds rolled in and the rain began to fall.

Alexandria crossed again as the scoreboard ticked down to 0:00:00 and following a failed conversion, the final score was 46-15. Mosman had secured The BARRA Cup! The afternoon had begun very well. A quick speech from the Club Chairman and a vote of thanks from Tour Captain Charlie Boyd and we were ready for Game 2 to commence.

### **FINAL SCORE GAME 5: Cudas 46 defeated Alexandria 15**

#### **GAME 6 – Wakatipu “The CUDA Cup”**

After "warming up" in Game 1, Henry O'Donnell lead the boys onto the pitch for the final time this tour. This would be the final time the 2015 CUDAS would play as a team, and after a brilliant week of rugby it was hard not to feel emotional for the boys. We had one piece of silverware in our hands. Could we grab them both?

Three minutes into the game and Liam Dempsey made it a hat trick for the day crossing the try-line to give Mosman an early lead. Three minutes later Lachie Reynolds made it over again for his third of the day too.

More hard attacking football continued with runs by Lachie Smith (CUDA24), Matt Theunissen and Josh Johnson in what was rapidly becoming the cold and soggy game we were expecting to play all week. Mosman had a 27-0 lead as the half-time whistle blew.

Five minutes into the second half and Henry O'Donnell crossed under the posts making Ben Morton's conversion much easier. Mosman were by now leading 34-0 and whilst we and the crowd were confident of a successful outcome, we recalled a three-try lead at Wanaka that we blew earlier in the week. There was plenty of time for history to repeat itself if we were not careful.

By now the rain was falling heavily and our hands were really feeling the cold. Our opposition whilst absent from the scoreboard were far more used to these conditions than we were. That didn't seem to worry Jordan Dickson, Ben Morton, or Hugo Kerr who all worked tirelessly in the last quarter of the game to move the ball aggressively into the Wakatipu half.

And with that, Mosman turned up the wick and crossed three more times; Jack Stokeld (CUDA16) twice in pretty quick succession, followed by forward Austin Clarke (CUDA3) crossing under the posts.





**FINAL SCORE GAME 6: Cudas 54 defeated Wakatipu 0**



The CUDA Cup was ours!

That night the boys celebrated the win with both players and sibling entertaining the crowd with a No Talent Night at the Wakatipu Club House.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### Day 7

With all things rugby now completed, today allowed the players to spend time with their family, whether to ski or take in the sights of Queenstown.

Dinner this night was a Chico's Restaurant for the last dinner and Tour Awards for the players.

As leaders we would like to thank all the Whalewatchers who contributed to the success of the week. Our laundry dads (Stuart & Tony), our breakfast mums (Ally, Pira, Deb, Laine, Anastasia, Nicky, Jackie, Julie, Marilyn, Suzie) our sleepover dads (Marty, Andrew, John, Damon, Richard, Adrian, Peter, Ian, Warren, Matt, Rohan, Jonathon & Josh) our scrubbers (Craig & Vaughn), our photographers (Marty & Mike), our Whalewatcher (Dave) and Mark Waters from ITS Travel.

To the coaching team, Rob, Luke, Damian & Andrew, thank you for sharing some of our pain along the way and really bring the boys together. Rob, we are all hoping that the old adage "what happens on tour stays on tour" applies to Sunshine Mountain. Luke, many a memorable bus trip home and kangaroo court session with the boys. Andrew, great pep talks to the boys throughout the tour. Damo - Flame Trees will never ever be the same ([https://soundcloud.com/mike\\_boyd/damian-martyr-flame-trees](https://soundcloud.com/mike_boyd/damian-martyr-flame-trees)).

To the CUDA 2015 players, as Tour Leaders we could not be prouder with the outcome of this tour. The way in which you played and conducted yourselves as a rugby team representing the Mosman Junior Rugby Club should be commended. We all agreed as a team to leave Queenstown with two things, winning the BARRA and CUDA Cups and being acknowledged as the most respectful team of boys to undertake this tour. Boys you ticked both boxes and should be extremely proud of your conduct and achievements during the 2015 CUDA Tour. Well done!

**Dale Clarke & Ken Spellacy**  
**CUDAS TOUR LEADERS 2015**



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

### EVENTS REPORT 2015

Season 2015 marked the first year for the newly created role of 'Events Co-coordinator' on the MJRC Committee and what a busy year it was. A brief summary of each event including recommendations for next year is detailed below.

#### Minis Gear Handout Night - 19th of March

Traditionally this evening kicks off the MJRC social calendar, albeit in a low key but fun fashion. This year it was held at Rawson Oval, rather than at Balmoral Oval, with over 500 eager players, parents and supporters attending. The Club put on a free sausage sizzle and had the Club bar operating. Club Sponsor, Olympus Sports was also on hand, with an array of boots and protective gear for sale.

A special guest appearance from TAHMAN was a real highlight and will hopefully become a permanent fixture for MJRC Minis Gear Handout Night. Thanks should also go to Anthony Hunt, this year's Minis Co-coordinator and his team of helpers, for their organisation and co-ordination of the night.

**Recommendations:** Earlier confirmation of the TAHMAN's attendance from The Waratahs management would be good, to allow the Club to promote this.

The decision not to train on the night was a good one and should continue in future years. Running the night with the focus on a social meet and greet outcome, is the right call.

#### Jeans and Jersey Night – Friday May 1st

J & J night is always a much-anticipated event on the MJRC calendar and this year was no exception. Past, present and new parents of MJRC are all encouraged to don their favourite rugby jersey and join in the fun at the Whalehouse, with the main objective of the night being purely a social and informal get together, rather than a fundraising opportunity.

Although ticket sales were a little lower than had been hoped for, approximately 130 guests enjoyed a great night at the Whalehouse with a good cross section of members in attendance. John, the Minsky's piano man, was a real hit and the use of a professional caterer was a welcome addition to the event. Seeing club stalwarts arm in arm, "serenading the guests" with classics from years gone was arguably a highlight and to quote a former president.... "Great Night.... Food great, music great, company great, setting great..." A host of raffle and lucky door prizes which several local businesses kindly donated, were also well received and a good addition to the night.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

Paulina Moncrieff (U8 Mum and new to MJRC this year), did a fabulous job as J & J organiser and was a pleasure to work with. Well done Paulina. Thanks must also go to Michael Flude and his Seniors Club bar staff for keeping the guests well hydrated throughout the evening.... some perhaps a little too hydrated !

**Recommendations:** Earlier emails to the MJRC database coupled with greater involvement from the AGC's in promoting and selling tickets across the age group they represent would definitely yield more ticket sales. A total event target of 170 – 180 tickets should be considered par.

The free drink on entry with ticket purchase continues to be a good initiative however an all-inclusive drinks and food ticket price might need to be looked at as well. Free tickets for new parents to the club, might also be a good way of increasing parent attendance across the youngest and newest age groups as well as helping to facilitate new social relationships.

### CUDAS Lunch Friday May 22

CUDAS Lunch 2015, once again lived up to its reputation as one of the major MJRC social events of the year. The decision last year to hold the lunch at the SCG was again opted for this year, however the brand new Noble Dining Room was chosen over the Steve Waugh trophy room.

Financially the lunch was a great success with a \$39K profit result achieved on the back of 315 tickets being sold (a 25% improvement on 2014). The live auction prizes generated \$20K in income and the raffles, headed by the highly desired 'diamond ring', produced \$19K in income. Special thanks must also go to Geoff Smith from MJRC platinum sponsors, LJ Hooker Mosman, for his auctioneering skills, which once again produced great results.

Vince Sorrenti did a brilliant job as MC and was his usual rude, crude and politically incorrect self. He also asked some great questions of the 3-man panel of former Wallabies, Phil Waugh and Owen Finnegan and Springbok and Waratah player Jacques Potgieter. The food & beverage and the service overall, was very good which was comforting, given that the Black Tie Ball was also going to be held there just a few months later. It was also fabulous to see so many guests transition to the Brewers Pavilion at the end of the lunch. This was a strong indication to the organisers that they were enjoying themselves and wanted to keep the 'lunch' going.

Diana Kahui did a terrific job as CUDAS Lunch Committee Chair and her 'Run Sheet' was outstanding, as was her overall organisational skill. Congratulations to Diana and her Committee on a wonderful success.



## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

**Recommendations:** The Gilbert Rugby ball raffle on each table needs to be run more effectively. The appointment of a few more helpers to co-ordinate participation in the raffle and the collection of funds would be appropriate.

The CUDAS touring video should be shown after the President's speech and shouldn't be more than 4 minutes in duration.

A bus transport option from the SCG back to Mosman, as part of ticket purchase via the trybooking page would be a worthwhile consideration.

In future each CUDA family must be responsible for selling at least one table of tickets to the lunch. This was one of the stipulations for the 2015 Tour and gave the Lunch organisers greater certainty around final numbers and therefore could plan appropriately.

### MJRC Ball Saturday July 25



Black Tie Masquerade was chosen as this year's theme for the Annual MJRC Ball and as mentioned earlier, it was held at the SCG in the Noble Dining Room. Emma Souter, who was a late call up to the position and who supported myself in the role of Chair of the Ball Committee, did a brilliant job in producing a fantastic event. Another Emma, Emma Delany, was also an integral part of the team and was in charge of decoration and prizes.





Emma Delaney’s team of decorators created a fantastic Masquerade themed room and her team of ticket sellers did a great job throughout the evening. Emma D’s innovative ‘Wall of Masks’ sold out within the first hour of the night and her silent auction was equally a great success and raised in excess of \$6,000 in sales. Thanks must also go once again to Diana Kahui, who was an invaluable part of the team in her role as treasurer. Well done and heartfelt thanks to these 3 ladies and their respective teams, on a superb job.



We were also lucky to secure Owen Finnegan as MC after seeing him in action as a panelist at the CUDAS lunch and he did a very good job.



Thanks should also go to long term MJRC supporters, CBA Private, for once again sponsoring the Ball and to all the other sponsors and supporters who provided prizes for the event.

**Recommendations:** The price of the Ball ticket needs to be considered next year given it was the same price as the CUDAS Lunch ticket. The decision this year to add the option of bus transport to and from the SCG was however a great idea and should continue in the future.

The Ball Committee generally and in particular the Chairperson, needs to work closely with the Events Co-ordinator, and be willing and able to provide regular and informative feedback. More specifically, transparency around major financial decisions will ensure that the best, cost benefit decisions are achieved.

A digital silent auction platform such as 'Galabid' must be used instead of hand written sheets in the future. This will not only allow the auction items to be advertised and actively marketed in club communications well before the evening, it will also produce a much higher overall \$ result. It will also allow a wider audience to participate in the auctions well before the actual event and during the event whether or not they are in attendance. Additionally, collection and reconciliation of winning bidders funds at the conclusion of the action is automatic and far easier than the manual method. Where possible, the actual physical auction items should however still be on display on the night.

The decision to only have a DJ this year was a good one, given the very high direct and associated costs of having a band and the relatively short period of time that they actually perform for.

The date of the Ball needs to be carefully considered especially in regards to the timing of School Holidays as well as any major School events such as dinners and fundraisers, which might possibly conflict with the Ball. Selection of the Ball date should be made as early as

## MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015

possible following a review of these things as well as available booking dates on the SCG calendar. Communication to relevant Schools about the chosen Ball date might also be prudent. 'Save the Date' emails should also be sent out as early as possible to the database.

In future, each Age Group Coordinators should be given the responsibility and accountability of selling tickets across their age group; 2 tables for U6 to U12 and 1 table for U13 – U16s. The sale of Ball tickets at training nights should be considered in conjunction with the use of MJRC's wireless handheld payment devices. As mentioned before, this will assist greatly with planning and catering for the event.





MOSMAN JUNIOR RUGBY CLUB ANNUAL REPORT 2015





## **MJRC Outdoor Cinematic Experience in November or Early December 2015**

At the time of writing this report, the Inaugural MJRC Movie night was in the early stages of organisation. With a target attendance of 750+, the event will be advertised as a community event and open to the general public. The night is planned to be held on Rawson Oval, commencing at approximately 5.00pm potentially with the screening of a kids movie followed by a second family friendly movie from 7pm. Tickets to the event will be available for sale through the Trybooking portal.

Some of the initiatives being considered include a jumping castle, rides and face painting as well as various food stalls and a coffee cart, in conjunction with the Club operating the BBQ and bar. Event sponsorship opportunities will also be up for grabs. Lets hope the weather co-operates with our plans!!

Thank you to everyone who contributed to the organisation of this year's MJRC events. It has been an absolute pleasure working with so many enthusiastic, passionate and talented volunteers. Thanks also to the wonderful parents and friends of MJRC who have supported the Club by way of their attendance and generosity at these events.

Finally, on a personal note, I have decided to step down from the Committee as well as retiring from coaching, after being involved in this great Club for the past 7 years. I am delighted to hand the Events Co-coordinator baton on to Emma Soutter, who I know will be an outstanding addition to the MJRC Committee.

Enjoy the off-season.

**Trent Karoll**

**Events Coordinator**





## SPONSORS REPORT 2015



*Celebrating 15 years of MJRC community support  
in 2014*

**Richard Harding and Geoff Smith** and the team at **LJ Hooker Mosman** has now been the Club's Major Platinum Sponsor for almost 15 years. Passionate rugby men with children of their own, they share our Club's desire to see as many young players get every chance possible to evolve into the best they can be. That same passion is embodied in their business – always determined to achieve the very best results for their client. If you need a real estate referral, just ask around the club membership and you'll find plenty who would happily recommend Richard and Geoff for the next time you're buying, selling or renting on the Lower North Shore.

<http://mnb.ljhooker.com.au/>



**Allianz Stadium**, in association with the Sydney Cricket Ground Trust, continues to be a valuable Diamond Sponsor of the Club. 2015 was our 2nd year in a three-year agreement with Allianz Stadium that has once again worked very well in a partnership capacity. We successfully conducted our annual CUDA fundraising lunch and the MJRC Annual Ball in the wonderful new Noble Dining Room. Additionally we hosted the annual Brothers tour party and family members to a private room attendance for a Waratahs Super 15 Saturday evening match during winter.

Allianz Stadium Gold or Platinum memberships provide access to the best seats in the house and more, at two of Australia's premier sporting and entertainment venues: the historic Sydney Cricket Ground and the contemporary and inspiring Allianz Stadium and we are proud to report 2015 saw numerous Mosman Rugby associates sign up for Gold membership where they will enjoy exclusive membership areas at both stadiums watching all regular sporting events, plus access to the Fitness Centre and Azure Cafe. Gold and Platinum Memberships are available now, no waiting list and payment options are available. Please call 1800 88 55 55 or find out more about our membership packages. <http://www.scgt.nsw.gov.au/membership> the best of the agreement for both parties.



Every year the Mosman Rugby Ball is a major fundraising event for the Club. In numerous ways, this is made possible by **Adrian Hondros** and the team at **Commonwealth Private** as a Gold Sponsor of the Club. Adrian has been a MJRC Dad for many years now and along with his wife Emma, has made a significant contribution to the club both on and off the field. Commonwealth Private offers high net worth individuals and families a comprehensive range of services, advice and opportunities to meet their specific needs. Adrian and his team at Commonwealth Private would like to thank the many clients that are involved with MJRC. If you're looking for help or advice in regards to your family's financial well-being then please make contact with Adrian and his team at Commonwealth Private.

<http://www.commonwealthprivate.com.au>



The Club is very pleased to have **Hayden Brooks** from **3Corp** as a Silver Sponsor. 3Corp has committed to a minimum 3-year sponsorship with the Club. Hayden is very passionate about MJRC and looks forward to a long future, with his two rugby playing boys in the Minis.

3Corp is a professional building company that collaborates with leading Sydney based architects to build award winning homes. Hayden established the company in 1999 and is now located in Neutral Bay. Hayden has won a number of Building Awards for Excellence in Housing from the Master Builders Association of NSW and most recently for a project completed in Mosman. Hayden was also named as a Finalist for Young Builder of the Year 2014. If you are planning to build or renovate your home please don't hesitate to contact Hayden.

[www.3corp.com.au](http://www.3corp.com.au)



**Olympus Sports** has had a long association with MJRC, and has been trading in Neutral Bay for the past 24 years. **Russell Ekas** and the team pride themselves on their friendly customer service and in-depth product knowledge, particularly in footwear. So if you're looking for expert advice, customer care and the latest products at the best prices, look no further than Olympus Sports in Neutral Bay.

<http://www.olympussports.com.au>



In 2015 we introduced a new sponsor to the club on a two-year term. We welcomed **Orthocare Orthodontics** as the sole sponsor of the girls MJRC competition. Local orthodontist **Dr Nicole Kaplan** saw the opportunity to support a team game that is growing in popularity among girls. "Girls' sport is sometimes overlooked and I saw this as a great chance to support the health and wellbeing of the local community," says Dr Kaplan. Born and raised in Mosman, Dr Kaplan returned home with her family in 2014 to set up OrthoCare Orthodontics in Cremorne, after five years in the US and completing her training as a specialist orthodontist. Dr Kaplan is glad to be back. "While I enjoyed my time overseas, I always wanted to return to the community where I grew up and have always called home," she says.

The Sports Medicine Association estimates that 50 per cent of children experience some form of dental injury playing sports. "Custom-made mouth guards are really important to help prevent costly and painful dental injuries," stresses Dr Kaplan. Unlike store-bought mouth guards, OrthoCare Orthodontics mouth guards are comfortable and well fitted, allow normal breathing, swallowing, and normal speech, are odourless and tasteless and, all-importantly, come in a range of colours. OrthoCare Orthodontics offers a full range of orthodontic services in a friendly and comfortable environment. Initial orthodontic consultations are completely free and no referrals are necessary. Appointments can be made by calling 9909 1122 or by visiting [www.orthocareorthodontics.com.au](http://www.orthocareorthodontics.com.au). OrthoCare Orthodontics is located near the Orpheum Cinema and is just down the road from SCEGGS Redlands.